



Navigate Wellness Platform

Healthy choices build lasting positive change.



You can visit PEBCNavigateWellbeing.com or use this QR code to get started.

You can also **download** the Navigate app!



COMING FOR 2026!

Your well-being goes beyond physical health—it includes your mental, emotional, and financial wellness, too. The **Navigate Wellness Platform** brings it all together in one easy-to-use app and website, giving you the tools, resources, and motivation to take charge of your health.

WHAT YOU GET

- **Personalized Challenges & Rewards:** Stay motivated with wellness challenges, track your progress, and earn rewards along the way.
- **Health Tracking Tools:** Monitor activity, nutrition, sleep, and more with easy integrations to your favorite devices and apps.
- **Educational Resources:** Access articles, videos, and tips on fitness, nutrition, stress management, and financial wellness.
- **Team Engagement:** Join group challenges, connect with colleagues, and build a culture of well-being together.
- **24/7 Access:** Available anytime on desktop or through the Navigate mobile app.

The Navigate Wellness Platform is designed to help you **live well, feel supported, and stay engaged**. Whether you're setting new health goals, managing stress, or just looking for a boost of motivation, Navigate makes it simple and rewarding to stay on track.

