



Dallas County



As a UnitedHealthcare member, you'll have access to certain programs, tools and resources designed to help you stay healthier and save money.

Scan the QR codes to learn more.



PEBC- 2023 Open Enrollment Presentation

<https://www.brainshark.com/uhg/vu?pi=zGfzTZaK6zeFCWz0>



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Program highlights See other programs available with your UnitedHealthcare plan.

[UnitedHealthcare | Video \(uhc.com\)](https://www.uhc.com)



United
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Rally® 2023 Wellness Program

A path to better health. Get personalized recommendations designed to help improve your health and have fun doing it.

<https://www.brainshark.com/uhg/vu?pi=zGbzg8STFzeFCWz0>



Real Appeal is comprehensive online weight loss program that teaches members how to take small steps for lasting change to lead a healthier lifestyle.

https://ei.video.uhc.com/media/2023+Real+Appeal/1_oqj9tstk



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Scan QR code with your phone's camera or QR reader

The UnitedHealthcare® app puts your plan at your fingertips.

When you're out and about, you can do everything from managing your plan to getting convenient care. Just download the app

<https://www.brainshark.com/uhg/vu?pi=zJ9zjwZlwzdMfZz0&intk=379053553>



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