

NEW

What's changing for 2023

Here's an overview of what you can expect

Health savings account (HSA) contributions

The maximum contribution to an HSA for 2023 is \$3,850 for individuals and \$7,750 for families, with deposits made through payroll deduction. If you are age 55 or older, you can make an extra catch-up deposit of \$1,000 in 2023.

Flexible spending account (FSA) contributions

You must elect an FSA every year you intend to participate. The maximum amount you can set aside for 2023 is \$2,850 – including general-purpose FSAs and limited-purpose FSAs (LP-FSAs). Employer contributions do not count toward the annual limit. To help pay for qualifying day care expenses, you can set aside up to \$5,000 in the dependent care FSA in 2023, which cannot be used for medical expenses.

Virtual primary care

Managing your health with a primary care provider (PCP) is easier when you have more ways to access care. Now, through **myuhc.com**[®] or the UnitedHealthcare[®] app, you can choose to connect remotely with a virtual PCP—and their team of health care professionals.* You can see the same virtual PCP for:

- Preventive care
- Follow-up visits
- Checkups for ongoing conditions like asthma, diabetes and more

Find more about virtual primary care by going to myuhc.com/virtualprimarycare.

*Data rates may apply. Virtual primary care is applied to primary care benefits.