



# UnitedHealthcare Healthy at Home



With UnitedHealthcare® Healthy at Home, you are eligible for the following benefits up to 30 days following all inpatient and skilled nursing facility discharges:



28 home-delivered meals through Mom's Meals®\* when referred by a UnitedHealthcare Advocate. Contact Mom's Meals for additional details and to place your meal orders if you have been referred into the program: **1-866-204-6111**, TTY **711**, 7 a.m.–6 p.m. CT, Monday–Friday.



12 one-way rides to medically related appointments and to the pharmacy when referred by a UnitedHealthcare Advocate. Contact ModivCare™\*\* for additional details and to schedule your trip° once you have been referred into the program: **1-833-219-1182**, TTY **1-844-488-9724**, 8 a.m.–5 p.m. local time, Monday–Friday, or by visiting [www.modivcare.com/BookNow](http://www.modivcare.com/BookNow).



6 hours of in-home personal care provided through a CareLinx® professional caregiver to perform tasks such as preparing meals, bathing, medication reminders and more. A referral is not required. To access your in-home personal care benefit, contact CareLinx at **1-844-383-0411**, TTY **711**, 8 a.m.–7 p.m. CT, Monday–Friday and 10 a.m.–6 p.m. CT, Saturday and Sunday, or by visiting [www.carelinx.com/UHC-retiree-post-discharge](http://www.carelinx.com/UHC-retiree-post-discharge).



## Questions? Or recently discharged and need a referral?

Call **1-800-457-8506**, TTY **711**, 8 a.m. – 8 p.m. local time, Monday - Friday,  
or visit [UHCRetiree.com](http://UHCRetiree.com)

\*A new referral is required after every discharge to access your meal and transportation benefit

\*\*ModivCare may subcontract to other vendors or individuals. Subcontracting is at the discretion of ModivCare.

◇ModivCare does not guarantee urgent requests will be met when scheduled less than 2 days in advance for standard services. ModivCare supports any language the member requires, through a third-party translator service.

The CareLinx services are made available to you from a third party through your UnitedHealthcare® Group Medicare Advantage insurance plan. CareLinx is not a UnitedHealthcare company. UnitedHealthcare and your Plan are not responsible for any services you receive from this third party. This is not an insurance program and may be discontinued at any time. Benefits and features may vary by plan/area. Limitations and exclusions apply

UnitedHealthcare does not make any representations regarding the content or accuracy of the materials on such sites. CareLinx will share only non-identifiable, aggregate information with UnitedHealthcare that is collected through the use of the CareLinx platform. This information may be used by UnitedHealthcare to potentially help develop future programs and services for its insured members. CareLinx is the network administrator of this in-home care service offer. CareLinx does not employ or recommend any care provider or individual seeking services nor is it responsible for the conduct of any care provider or care seeker. The CareLinx website is a venue that provides tools to help care seekers and care providers connect online. Each individual is solely responsible for selecting a care provider or care seeker for themselves or their families and for complying with all laws in connection with any employment relationship they establish. All decisions about medications and care are between you and your health care provider.

Benefits and features vary by plan/area. Limitations and exclusions apply.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, Premium and/or copayments/coinsurance may change on January 1 of each year.

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