

Plan Changes for 2020

Typically, there are changes to the benefit plans each year. Following is a list of changes for 2020.

New pharmacy benefits provider

CVS Caremark is the vendor selected to provide pharmacy benefits effective Jan. 1, 2020. To view the Preferred Drug List with a list of the excluded medications and covered preferred alternatives, visit [caremark.com](https://www.caremark.com).

New medical and pharmacy card

Effective 2020, members enrolled in the PPO and HDP will receive one card for both your medical and pharmacy benefits. Your new card will contain your UnitedHealthcare medical and CVS Caremark ID information.

New mental health provider

UnitedHealthcare is the vendor selected to provide mental health benefits effective Jan. 1, 2020. To view information on your mental health benefits coverage, search for a provider or access online resources, visit myuhc.com>coverage & benefits>Mental Health Benefits Summary.

New EAP provider

UnitedHealthcare is the vendor selected to provide Employee Assistance Program (EAP) services effective Jan. 1, 2020. As part of the program, you and your family also receive 5 free counseling sessions, or 8 free sessions for first responders. To view find information on your EAP benefits, search for a provider or access online resources, visit myuhc.com>coverage & benefits>Mental Health Benefits Summary. Or if you do not have medical coverage through PEBC, visit liveandworkwell.com access code **PEBC**.

HSA contributions

The maximum contribution to a HSA for 2020 is \$3,550 for individuals and \$7,100 for families. Remember, the IRS also allows you to make an extra catch-up deposit of \$1,000 if you are age 55 or older. Your deposits are made through payroll deduction.

New FSA vendor and update FSA elections

UnitedHealthcare is the vendor selected to provide Flexible Spending Account (FSA) services effective Jan. 1, 2020. If you intend to participate in an FSA, you must elect it each year during annual enrollment. The maximum employee election for 2020 is \$2,700. This amount includes general purpose and limited purpose employee elections. Employer contributions to your FSA(s) do not count toward the employee annual election limit. If you have qualifying day care expenses, you may consider enrolling in the dependent care FSA. This account is not for medical expenses.

New weight loss program

Real Appeal® is an online weight loss program available at no cost to eligible UnitedHealthcare members 18 years old and older. Visit enroll.realappeal.com to learn more and register.

New COBRA provider

UnitedHealthcare is the vendor selected to provide COBRA services effective Jan. 1, 2020. For more eligibility, payment status and account information, visit uhcservices.com. You can also call customer service at **1-866-747-0048**.

New life insurance provider

The Hartford is the vendor selected to provide life insurance services effective Jan. 1, 2020. To view additional information and create an account, visit mybenefits.thehartford.com.