

# Contacts

## Medical Plans Under age 65/spouse of any age

**UnitedHealthcare Customer Care (PPO/HDP plans)**  
**1-877-370-2849**  
**myuhc.com**  
**App: Health4Me**

### HSA's

**Optum Bank**  
**1-800-791-9361**  
**myuhc.com or optumbank.com**

### Express Scripts/Accredo Specialty Pharmacy

**1-877-613-1227**  
**express-scripts.com**  
**Download app: Express Scripts Mobile App**  
**For Specialty Pharmacy, contact Accredo**  
**at 1-800-501-7210 or click on Accredo from the**  
**Express Scripts site.**

### MHN (mental health care/substance abuse)

**PPO Plan/HDP**  
**1-888-779-2225 (all care must be pre-certified)**  
**mhn.com**

### Virtual Visits

**doctorondemand.com**  
**Amwell.com**  
**Apps at the App Store or Google Play**

### Retiree Premium Payment

**PayFlex Systems USA, Inc.**

PO Box 953374

St. Louis, MO 63195-3374

**1-877-644-5124**

**Mailing  
Address**

## Medical Plans Retirees age 65 and older

Always start with the phone number on the back of your ID card. If your ID card is not available, try one of the numbers below.

### UnitedHealthcare Group Medicare Advantage (HMO)

**1-800-457-8506**

### Medicare Advantage Prescription Drug Plan (MAPD)

**OptumRx**  
**1-877-664-0241**  
**OptumRx.com**

### UnitedHealthcare Senior Supplement Plan F

**1-800-851-3802**

### UnitedHealthcare MedicareRx for Groups (PDP)

**OptumRx**  
**1-877-664-0241**  
**OptumRx.com**

### Hearing Aids

**hi HealthInnovations**  
**1-855-523-9355**  
**hihealthinnovations.com**

### Solutions for Caregivers

**1-866-463-5337**  
**uhcforcaregivers.com**

### Healthways SilverSneakers

**1-888-423-4632**  
**silversneakers.com/member**

### NurseLine

**1-877-370-2849**

## Dental Plans

**Sun Life DHMO Series 189 Plan**

**1-800-227-3055**

**pebcinfo.com**

### PEBC Dental Plan

**Delta Dental PPO/Premier**

**1-800-521-2651**

**deltadental.com**

**App: Delta Dental Mobile**

## Vision Plan

**VSP Choice Plan**

**1-800-877-7195**

**vsp.com**

### PEBC website — [pebcinfo.com](http://pebcinfo.com)

Select "Retiree" from top menu.

Easy-to-navigate benefits information with plan details, forms, links to network sites and more. The group password is included in your enrollment packet.