

# Contacts

It's easy to stay connected! Visit [pebcinfo.com](http://pebcinfo.com) or the vendor websites shown below, or if you are on the go, stay connected with the apps shown below. Most are available at the Apple® App Store® and at Google Play™.

## Medical Plans (PPO Plan/HDP)

### UnitedHealthcare Customer Care

877-370-2849

[myuhc.com](http://myuhc.com)

[advocate4me@myuhc.com](mailto:advocate4me@myuhc.com)

App: Health4Me

App: Rally

### Express Scripts/Accredo Specialty Pharmacy

877-613-1227

[express-scripts.com](http://express-scripts.com)

App: Express Scripts Mobile App

For Specialty Pharmacy, contact Accredo at 800-501-7210 or click on "Accredo" from the Express Scripts site.

**MHN** (mental health care/substance abuse)

888-779-2225 (all care must be pre-certified)

[mhn.com](http://mhn.com)

## Dental Plans

### Sun Life DHMO Series 189 Plan

800-227-3055

[pebcinfo.com](http://pebcinfo.com)

### PEBC Dental Plan

Delta Dental PPO/Premier

800-521-2651

[deltadental.com](http://deltadental.com)

App: Delta Dental Mobile

## Vision Plan

### VSP Choice Plan

800-877-7195

[vsp.com](http://vsp.com)

## Life Insurance

### Dearborn National

800-778-2281

[pebcinfo.com](http://pebcinfo.com)

## Other Contacts

### EAP Program

**MHN**

888-779-2225

[members.mhn.com](http://members.mhn.com) (code: pebc)

### PEBC Wellness Plan

**Optum**

877-818-5826

PPO/HDP Enrolled: [myuhc.com](http://myuhc.com)

Opt Outs: <https://client.myoptumhealth.com/PEBC>

### NurseLine

877-370-2849

[myuhc.com](http://myuhc.com)

### Virtual Visits

[myuhc.com](http://myuhc.com)

[doctorondemand.com](http://doctorondemand.com)

[amwell.com](http://amwell.com)

### FLEX Accounts

**PayFlex**

877-644-5124

[pebc.healthhub.com](http://pebc.healthhub.com)

App: PayFlex Mobile

### HSAs

**Optum Bank**

800-791-9361

[myuhc.com](http://myuhc.com) or [optumbank.com](http://optumbank.com)

### Health Insurance Marketplace

*Helps uninsured people find insurance*

[healthcare.gov](http://healthcare.gov)

800-318-2596 (TTY: 855-889-4325)

## [pebcinfo.com](http://pebcinfo.com)

The easy-to-navigate benefits information website with plan details, forms, links to network sites and much more. Your group password is included in your enrollment packet materials.